

Group 4

April 2024

Date	Pick Up	Activity
April 2	Servus	VBall/Resistance Training
April 3	Go Auto	Hockey
April 4	Go Auto	Hockey
April 9	Servus	Fitset Need Clean shoes
April 10	MM/Servus Split Session	Hockey/Fitness Need Hockey Equipment and Fitness Gear
April 11	CAC Arena 14645 – 142 St.	Hockey
April 16	CAC Arena 14645 – 142 St.	Hockey
April 17	Albert Lacombe 50 Gainsborough Ave.	P.E./Fitness
April 18	Absolute Human Performance 20 Carleton Dr.	Baseball Need Clean shoes and bring a baseball glove if you have one
April 23	Servus	Activate Need Clean Shoes
April 24	No Limits	Skills/Fitness Need Stick/Gloves/Helmet
April 25	Albert Lacombe 50 Gainsborough Ave.	P.E./Fitness
April 30	CAC Arena 14645 – 142 St.	Hockey

- Please ensure all athletes have a clearly marked water bottle and a proper change of clothes.
- **Please remember when picking up at Albert Lacombe to park on the street**
- **Pick Up is 3:00 P.M.**