Grade 7 - 9 GCD

April 2024

Date	Pick up	Activity
April 2	Dynamyx	Gymnastics
April 3	Dynamyx	Cheer
April 4	No Limits	Dance
April 9	Dynamyx	Gymnastics
April 10	Dynamyx	Cheer
April 11	No Limits	Dance
April 16	Dynamyx	Gymnastics
April 17	Dynamyx	Cheer
April 18	No Limits	Dance
April 23	Servus Place	Fitset
		Need Clean Shoes
April 24	Servus Place	Activate
		Need Clean Shoes
April 25	No Limits	Dance
April 30	Servus Place	Vball/Resistance Training

- Please ensure all athletes have a clearly marked water bottle and a proper change of clothes for each activity.
- Dynamyx is located at 175 Carleton Drive
- No limits is located in the same parking lot as Dynamyx
- Please remember when picking up at Albert Lacombe to park on the street
- Pick Up is 3:00 P.M.