

Group 3

April 2024

Date	Pick Up	Activity
April 2	CAC Arena 14645 – 142 St.	Hockey
April 3	MM	Hockey
April 4	MM	Hockey
April 9	Servus	Fitset Need Clean Shoes
April 10	MM/Servus Split Session	Hockey/Fitness Need Hockey Equipment and Fitness Gear
April 11	Servus	Vball/Resistance
April 16	No Limits	Skills/Fitness Need Stick/Gloves/Helmet
April 17	Absolute Human Performance 20 Carleton Dr.	Baseball Need Clean shoes and bring a baseball glove if you have one
April 18	Albert Lacombe 50 Gainsborough Ave	P.E./Skills
April 23	CAC Arena 14645 – 142 St.	Hockey
April 24	Albert Lacombe 50 Gainsborough Ave	P.E./Fitness
April 25	CAC Arena 14645 – 142 St.	Hockey
April 30	Servus	Activate Need Clean shoes

- Please ensure all athletes have a clearly marked water bottle and a proper change of clothes.
- Athletes need a helmet, gloves and stick at No Limits
- **Please Remember when you pick up at Albert Lacombe to park on the road**
- **Pick Up is 3:00 P.M.**