Group 2

April 2024

Date	Pick Up	Activity
April 2	Go Auto	Hockey
April 3	Kinex	Hockey
April 4	CAC Arena	Hockey
	14645 – 142 St.	
April 9	Servus	Vball/Resistance
April 10	CAC Arena	Hockey
	14645 – 142 St.	
April 11	Servus	Fitset Ninja
		Need Clean shoes
April 16	Albert Lacombe	P.E./Fitness
	50 Gainsborough Ave.	
April 17	No limits	Skills/Fitness
		Need Stick/Gloves/Helmet
April 18	CAC Arena	Hockey
	14645 – 142 St.	
April 23	Albert Lacombe	P.E./Fitness
	50 Gainsborough Ave.	
April 24	Absolute Human Performance	Baseball
	20 Carleton Dr.	Need Clean shoes and bring a baseball
		glove if you have one
April 25	Servus	Activate
		Need Clean Shoes
April 30	Servus/MM	Fitness/Hockey
	Split Session	Need Hockey Equipment and Fitness Gear

- Please ensure all athletes have a clearly marked water bottle and a proper change of clothes.
- Athletes will need helmet, gloves and sticks at No limits
- Please remember when picking up at Albert Lacombe to park on the road.
- Pick Up is 3:00 P.M.