## Group 1

## April 2024

Pick Up	Activity
MM	Hockey
Jarome Iginla	Hockey
Servus	Vball/Resistance Training
CAC Arena	Hockey
14645 – 142 St.	
Albert Lacombe	P.E./Fitness
50 Gainsborough Ave	
Servus	Fitset Ninja
	Need Clean shoes
Servus	Activate
	Need Clean shoes
CAC Arena	Hockey
14645 – 142 St.	
No Limits	Skill/Fitness
	Need Stick/Gloves/Helmet
<b>Absolute Human Performance</b>	Baseball
20 Carleton Dr.	Need Clean shoes and bring a baseball
	glove if you have one
CAC Arena	Hockey
14645 – 142 St.	
No Limits	Skill/Fitness
	Need Stick/Gloves/Helmet
MM/Servus	Hockey/Fitness
Split Session	Need Hockey gear and fitness gear
	MM Jarome Iginla Servus CAC Arena 14645 – 142 St. Albert Lacombe 50 Gainsborough Ave Servus  CAC Arena 14645 – 142 St. No Limits  Absolute Human Performance 20 Carleton Dr.  CAC Arena 14645 – 142 St. No Limits  MM/Servus

- Please ensure all athletes have a clearly marked water bottle and a proper change of clothes.
- Pick Up is 3:00 P.M.
- Please Remember when picking up at Albert Lacombe to park on the street.