

Wednesday, May 11 @ Fowler Field, St. Albert, AB

Information

All students from VJM are expected to participate in our annual Track and Field Day. This is the culminating part of their unit in Physical Education classes. The results from the Track and Field Day serve two purposes:

1. It serves as part of the summative evaluation of a student's mark in Physical Education class. Students are expected to participate in a minimum of four events, two track and two field events unless there are documented medical reasons.
2. The meet is used to determine and select students who will participate in the District meet later in May.

Going to and from Fowler Field

AM - Shortly after attendance in the morning all homeroom classes will walk to Fowler Field. When arriving at Fowler Field attendance will be taken again.

PM – at approximately 2:15 attendance will be taken. Students will then board busses and be transported back to VJM where they will be dismissed at the regular time of 2:36 pm.

What Students Should Bring

All students are expected to dress in comfortable clothing for athletic competition. Running shoes and appropriate shorts/sweat pants are expected. Students should also bring a hat, bug repellent, sunscreen, lunch and a water bottle. Please remember that Track Meets can occur on poor weather days and students should be prepared for some inclement weather.

Concession

There will be a concession operating that will offer hamburgers, hot dogs, snacks and a variety of drinks.

Sports Academy Students

Sports Academy students are expected to participate in the VJM Track Meet as part of Academy Physical Education program. Students who wish to attend Academy venues in the afternoon must have parents arrange transportation from Fowler Field to the venue.

Student Pick Up

If you need to pick your child up at Fowler Field please ensure that you check in with your child's homeroom teacher at the field.

Other

Parents are welcome to attend but parking is limited. A schedule will be posted closer to May 11 that lists approximate event times. Please be aware that these times are estimates and schedules can run ahead or behind at all times.