



## Vincent J. Maloney Catholic Junior High School

20 Mont Clare Place • St. Albert, Alberta T8N 1K9 • (780) 458-1113 • Fax (780) 458-6261 • [www.vjm.gsacrd.ab.ca](http://www.vjm.gsacrd.ab.ca)

January 13, 2016

Dear parents /guardians,

Here are the details for the PaperWeight Invitational on Saturday, January 30. Coach McIntyre, Mr. Larsen and Mrs. Hood will meet students & parents at the event. All students must have returned signed consent forms for the event to Mr. Pedersen in order to participate.

### **Paperweight Invitational Wrestling Tournament**

SATURDAY January 30<sup>th</sup>, 2016 – 9:00 a.m. @ UNIVERSITY OF ALBERTA BUTTERDOME

WHERE: U of A Butterdome, 87 Ave. and 114 Street Edmonton, AB

WHO: Junior High MALE and FEMALE athletes, grade 7-9

COST: Cost included with registration for wrestling

TIME: **Starting times for each weight class vary.**

**Weight categories: underlined wt. categories will begin @ 9:00 am.**

Other wt. categories will not begin wrestling until at least 1:00pm

**Junior High Men: 31-34kg, 37, 40, 43, 46, 49, 52, 55, 59, 63, 67, 71, 77, 87, 100, 100+(max 120kg)**

**Junior High Women: 36-39kg, 42, 45, 48, 51, 54, 57, 60, 65, 70, 75, 75+(max 95kg)**

***FORMAT: Edmonton Junior High School Rules shall apply to this tournament. Moves not allowed: The standing head and arm (hip toss action), and gabori are moves that have been disallowed for junior high competition in Edmonton.***

***Mouth guards are mandatory. Laces to be taped. Nails to be trimmed.***

Please have your child at the event 40 minutes before their start time.

FOOD: There will be a concession available for athletes to purchase snacks.

TRANSPORTATION: **It is the parent's responsibility to provide transportation to and from the event.** Parents are responsible to ensure children are dressed properly for the event. **There is an entry fee for parent spectators.** If you have any questions or concerns, please don't hesitate to contact us.





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### PARENT CONSENT To Participate in PAPER WEIGHT Tournament at the U of A Butterdome

The board of trustees supports the practice of conducting extra-curricular sports that enhance student learning as aligned with the division mission statement. There are risks associated with every extra-curricular sport. Please read this parent information carefully so that you can provide a well-informed parental consent for this activity.

**Educational Goal:** The focus of the season will be to encourage teamwork and develop the talents of the athletes.

**Risk Assessment:** There are inherent risks in the participation of wrestling which include but are not limited to: Sprains and stretches of muscles, scrapes, falls, bruises or injury to the skeletal structure. We will endeavor to reduce these risks through proper warm up and the promotion of sportsmanship and care when involved in this activity.

### PARENT CONSENT – Please return to the school

I have read and understand the educational and safety (risk) assessments information provided for this activity.

I give \_\_\_\_\_ my permission to participate in the PAPER WEIGHT Tournament on January 30, 2016.

\_\_\_\_\_ I agree to provide transportation to and from this event.

\_\_\_\_\_ If my child requires medical attention, I authorize the supervisors to seek necessary medical treatment.

In case of an emergency I may be contacted at:

Home telephone(s): \_\_\_\_\_

Work telephone(s): \_\_\_\_\_

Cellular telephone: \_\_\_\_\_

An alternate emergency contact is:

Name: \_\_\_\_\_

Relationship: \_\_\_\_\_

Home telephone(s): \_\_\_\_\_

Work telephone(s): \_\_\_\_\_

Cellular telephone: \_\_\_\_\_

Student's Full Name: \_\_\_\_\_

Student's Alberta Health Care Number: \_\_\_\_\_

Email Address: \_\_\_\_\_

\_\_\_\_\_  
Signature of Parent/Guardian

\_\_\_\_\_  
Date

\_\_\_\_\_  
Print name of Parent/Guardian

**RETURN PERMISSION FORM TO SCHOOL**

